



A Recipe For You

Strawberry Spinach Salad

Ingredients:

Salad

- 8 ounces fresh torn spinach
- 1 1/2 cups sliced strawberries
- 1/2 cup toasted pecan halves
- 2 to 3 ounces goat cheese or blue cheese, optional

Dressing

- 1/4 cup Canola oil or other salad oil
- 2 tablespoons balsamic vinegar
- 1 Tbsp plus 1 tsp granulated sugar
- 1/4 teaspoon dried tarragon

Directions:

Salad:

Toss spinach with sliced strawberries, pecans, and cheese.

Dressing:

Combine dressing ingredients in a jar;
shake until well blended.
When ready to serve, drizzle dressing
over the salad and toss lightly.



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